

Spreading Jenny's Ashes on Berford Lake Island

October 25, 2020



Facebook post on October 26, 2020:

We finally got to spread some of Jenny's ashes on the island near our cottage on Berford Lake, the island in my tribute to Jenny in the song, "Into the West," by Annie Lennox. We wanted to do this last fall, but it was a blustery day so we only spread her ashes in the lake and decided to wait until Spring to go to the island. Spring arrived along with COVID-19, so we couldn't even get together. We then wanted to do it this past Thanksgiving, but Ryan's girlfriend had a cough and fever so we postponed our Thanksgiving to this past weekend.



Zack stayed in the cottage with Isabelle, while Ryan, Aishu, Carol-Lee and I kayaked to the island.

I read a card from Agnes Janzen, a friend of the Martin family, with these words:

A Journey Remembered

As some people
 journey through life,
 they leave footprints
 wherever they go—
 footprints of
 kindness and love,
 courage and compassion,
 humor and inspiration,
 joy and faith.
 Even when they are gone,
 we can still look back
 and clearly see the trail
 they left behind—
 a trail bright with hope
 that invites us to follow.



We then spread some of Jenny's ashes near a tree growing out of the north side of the island, which Jenny loved.



While the others kayaked back to the cottage, I found some rocks to mark the spot where some of her now lies.



Continue resting in peace, Jenny, as you do in our hearts.

4

