

Good But Not Religious (GBNR)

SEPTEMBER 2018 - A monthly update on Keith Martin's work as a nonreligious chaplain and educator at U. Waterloo, U. Guelph and online



Photo by Philip Maher

www.GoodButNotReligious.ca

A new website for students and adults to access information about Keith's nonreligious chaplaincy work at U. of Waterloo and U. of Guelph, and to find online resources for being and doing good. Check it out and recommend it to friends!

More and more people in Canada and the United States say they have no religious affiliation. Many of these identify as 'Spiritual but not religious' (SBNR). 'Spiritual,' however, can sound religious or New Agey to some, especially iGen students who are becoming less religious and less spiritual.

Good But Not Religious is for both SBNR and GBNR students and adults. If spirituality is about values more than beliefs, and being spiritual is about having and living by life-enhancing values like goodness and compassion, then spirituality can be about goodness rather than oneness or transcendence. Goodness can also be your highest value without calling yourselves 'spiritual.'

At GoodButNotReligious.ca you will find resources for being and doing good, with or without religion; for being spiritual without being religious. And since humanism is about being a good human being, here you will find resources for being a good humanist.

www.facebook.com/KeithMartinGBNR

A new facebook page for Keith's work on campus and online. Please visit it, 'like' it, and share it with others.

U. of Waterloo and U. of Guelph

The Fall term at both U. of Waterloo and U. of Guelph begins Labour Day weekend, with weekly drop-in office hours, a monthly SBNR display table, A Taste of Oasis (bi-weekly at U. of Waterloo and monthly at U. of Guelph), bi-weekly Conversations That Matter (at U. of Waterloo), and multi-faith events, especially during Orientation Week. For more information, see www.facebook.com/SBNRWaterloo and www.facebook.com/SBNRGuelph.

Keith is also launching a fundraising page at patreon.com/goodbutnotreligious, a membership platform for artists and creators. If you see value in what he is doing and creating, please consider becoming a patron and supporting him (even at \$1/month!), especially during his launch month in September.



HERE FOR YOU

SBNR Guelph

- Not religious?
- Leaving a faith that no longer works for you?
- Looking for someone to talk to about meaning, purpose, belonging, values?

Where spirituality and goodness are about values, not beliefs

Join us for **A Taste of Oasis**
3rd Thurs. each month, 5:30 – 7 pm, Keg Lounge, Brass Taps

Keith Martin
Nonreligious Chaplain / Campus Worker
Multi-Faith Resource Team
Raithby House, Rm. 202
Drop-in hours: Wed. (& some Thursdays) 1-5 pm
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www.facebook.com/SBNRGuelph and on *Gryphlife*
(See also www.GoodButNotReligious.ca)

www.GoodButNotReligious.ca
Resources for Being and Doing Good