

Good But Not Religious (GBNR)

JULY 2021 - A monthly update on Keith Martin's work as a nonreligious chaplain and educator online

RESPONSES TO WINTER & SPRING GOOD BUT NOT RELIGIOUS UPDATES

JANUARY: Letting Go of God (and embracing goodness)



"Thank you for sharing this, Keith. It's such a touching and beautiful story."

FEBRUARY: Letting Go of an Afterlife (and embracing this life)



"Thanks for sharing this Keith. The belief in the individual consciousness's life after death is a fantasy, but as with other fantasies, it can be untrue and meaningful at the same time. I hope you continue to find plenty of meaning in your life during this interminable season of Covid and cold weather!"

MARCH: Letting Go of Meaning (and embracing meaning)



"These quotes on meaning are very thoughtful and helpful to where I'm at today."

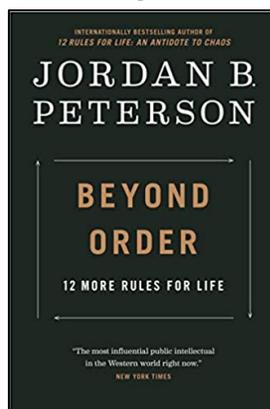
APRIL: The Ten Commitments: Living Humanist Values



"Great poster. Hope you are keeping well."

"Thank you for sharing this! I resonated with all those commitments. I like how they were articulated, and I can see myself going back to it."

MAY: Excerpts from Jordan Peterson's new book, *Beyond Order*



"(These excerpts) resonated with me too!"

"Reflections worthy of much thought."

"I can certainly understand the relevancy of these passages for you, Keith. I am not a huge Jordan Peterson fan but he does on occasion speak to us all."

"These quotes about grief are dead on. Thanks for sending!"

This winter and spring Keith continued his monthly GBNR Updates to 130 students and adults; visited Guelph and Waterloo 1 1/2 days each in June, meeting with 12 people: 3 grad students, 3 alumni, 3 professors, 1 student club volunteer, 1 chaplaincy support team member, and 1 staff; and corresponded with several students and faculty by email, recommending resources for being and doing good, especially from his website. He was able to meet by phone and then in person with a faculty member at U. of Waterloo who is not religious and whose wife has terminal cancer. Whenever her life ends, it will be celebrated and live on in her husband, children and friends.